

MAY, 2022

PROGRAM unity[®] in Lynnwood

Practical Spirituality. Welcoming Community.

It seems to me that this is a time of new beginnings for Unity in Lynnwood. Your clergy teams have designed a membership review class, a refocused Dinner with Others initiative with soon-to-be-announced corporate partners, systems of grief and spiritual counselling support, hybrid Adult Education offerings, dynamic Youth and Family Ministries gatherings, varied Small Group Ministries offerings and renewed Interfaith at UIL programming. Your administrative teams are reviewing every process in depth in our commitment to communicating and to supporting this community—whether onsite or online - in the highest ways possible. Your Trustees are implementing new processes and protocols in their primary responsibilities of macro-financial oversight and policy development. Even your building and grounds teams have refreshed and renewed your physical plant and shuttles in anticipation of our physical return to campus.

Perhaps it's time to reflect upon what this time of new beginnings might mean for you as well. While it's appropriate that one enters communities such as UIL as a "visitor"—sometimes watching from the back row, perhaps even skeptically—it's equally appropriate that over time, some will become "renters." Becoming a renter might represent attending a first Small Group Ministry offering or volunteering for a one-time volunteer opportunity. And, of course, it's also appropriate that some will become "owners." Becoming an owner might represent a deeper commitment to, and support of, UIL's work in the lives of its people. In such a metaphor, while healthy and dynamic centers such as UIL must be comprised of visitors, renters and owners at every moment in time, a sustainable balance is achieved as some guests decide to become renters and as some renters decide to become owners—as individuals—each in right time - grow, stretch, commit, serve, give, risk and dare. If this time of new beginnings finds you among those ready to deepen your spiritual walk at UIL, please know that our teams are eager to support you. We envision this time of new beginnings to find every activity of Unity in Lynnwood alive with a diversity of fresh faces, new voices, ready hands, hearty laughter, deep connections and love—always love.

Volunteer

Whether serving through UIL's Volunteer Ministry or Humanitarian Outreach Ministries or even another of its many vehicles, you are encouraged to discover that divine intersection of talent and passion within you, and to serve from that deep reservoir!

For information: Volunteer@UnityinLynnwood.org

Prayer

UIL's Prayer Chaplains pray with all prayer requests and with individuals by telephone or at UIL; the Pastoral Care Team provides a comforting presence in hospitals, rehabilitation centers and private homes; and the Highwatch Prayer Team prays silently for you on specific weeks throughout the year. You may submit prayer requests through UIL's website, in person, or by calling our Confidential Prayer Line at (425) 742-7610. Every month, UIL's Prayer Chaplains offer affirmations and a beautiful message, available under the Prayer tab at www.UnityinLynnwood.org. If you desire one-on-one prayer, please come to the front of the sanctuary following service and a Prayer Chaplain will be happy to pray with you.

For information: Prayer@UnityinLynnwood.org

Effective Sunday, May 8th, masks are optional at UIL events and gatherings, including Sunday's 11:00 adult services and 11:00 youth services. Starting May 8th, a "masks-required" 9:00 a.m. adult service will be available to those desiring as much for any reason.

- The restroom located in Dr. Richard's office has been proudly designated as UIL's ALL-GENDER RESTROOM.
- If you require ASSISTANCE during a service, UIL's Welcome Team members are ready to assist! Just raise your hand or alert someone near you
- Unity in Lynnwood honors the sacredness of all life. We are proud to offer only HUMANELY-SOURCED FOOD ITEMS. While we make every effort to ensure that our kitchen is free from products containing peanuts or peanut oil, please note that we cannot offer a full guarantee.
- The west (parking lot) third of the Sanctuary is designated for SERVICE ANIMALS and their owners. Please refrain from engaging working animals.
- You may expect responses to non-emergent matters during administrative hours, 8:00 a.m. - 4:00 p.m., Tuesdays—Fridays by ringing (425) 741-7172.
- You may request a transcript of today's lesson by writing Administration@UnityinLynnwood.org.
- For lost items, please ask about the lost and found box in the Administrative Office.

CONTACT US

Board of Trustees

Board@UnityinLynnwood.org

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Questions? Ambassadors are available following most services! Or for greater detail, grab a *Finding Yourself at Unity in Lynnwood* booklet from the free resources wall in Friendship Hall! Unity in Lynnwood is supported by the freely-given tithes and love offerings of our community. Thank you for your participation in the Law of Circulation which responds to you as it must—in perfect ways. Please be reminded that our finances are always available for member review by appointment. If Unity in Lynnwood is among those organization which continue to mean the most to you, please consider supporting UIL for years to come through one or more of the planned giving options of UIL's Legacy Program. Please contact Dr. Richard for preliminary information and to discuss any questions.

SUNDAYS

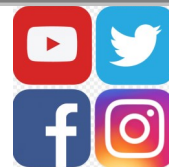
1st
8th
15th
22nd
29th

The Untethered Soul
The Untethered Soul
The Untethered Soul
What Are You I?
What Are You II?

Rev. Nina Clark
Rev. Nina Clark
Rev. Nina Clark
Dr. Richard Loren Held
Dr. Richard Loren Held

Our services are video recorded and photographed. If you prefer to remain outside camera view, please sit in the back half of the sanctuary. We're glad you're here!

Thank you for your understanding.



Unity in Lynnwood is a proud participant in EarthCare[®].

All documents are printed on the most eco-friendly products possible.

You are invited to keep this document or to leave it on a seat for future use.

Unity in Lynnwood cares for her planet.

Events and Happenings

Pre-registration-required or by-appointment-only events are noted in **Green**.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30 Silent Meditation 11:00 Service 3:00: <i>Power of Positive Thinking</i>	2 OFFICE CLOSED 7:00 GA 7:00 <i>Search for God</i>	3 1:00 <i>Foundations of Unity</i>	4 11:00 <i>Staff Meeting</i>	5 6:30 <i>Chaplain Meeting</i> 8:00 Prayer Time	6 10:30 The 3rd Act Luncheon	7 9:00 Women's Group Springtime Renewal
8 MOTHER'S DAY 9:00 Masks-Required Service 10:30 Silent Meditation 11:00 Service 12:00 Mother's Day Reception 3:00: <i>Power of Positive Thinking</i>	9 OFFICE CLOSED 7:00 GA 7:00 <i>Search for God</i>	10 1:00 <i>Foundations of Unity</i>	11 11:00 <i>Staff Meeting</i>	12 1:00 <i>Good Grief</i> 6:30 <i>BOT Meeting</i> 8:00 Prayer Time	13	14
15 9:00 Masks-Required Service 10:30 Silent Meditation 11:00 Service 12:30: Informal Town Hall 3:00: <i>Power of Positive Thinking</i>	16 OFFICE CLOSED 7:00 GA 7:00 <i>Search for God</i>	17 1:00 <i>Foundations of Unity</i>	18 11:00 <i>Staff Meeting</i>	19 8:00 Prayer Time	20	21 10:00 <i>Social Group</i> <i>Wandering Whidbey</i>
22 9:00 Masks-Required Service 10:30 Silent Meditation 9:00, 11:00 Services 3:00: <i>Power of Positive Thinking</i>	23 OFFICE CLOSED 7:00 GA 7:00 <i>Search for God</i>	24 1:00 <i>Foundations of Unity</i>	25 11:00 <i>Staff Meeting</i>	26 6:30 <i>Good Grief</i> 8:00 Prayer Time	27 1:00 <i>3rd Act Luncheon</i>	28 10:00 <i>Adopt a Street</i>
29 9:00 Masks-Required Service 10:30 Silent Meditation 11:00 Service 12:00 Divine Wholeness Session 12:30 <i>Students of Myrtle Group</i> 3:00: <i>Power of Positive Thinking</i>	30 OFFICE CLOSED 7:00 GA 7:00 <i>Search for God</i>	31 1:00 <i>Foundations of Unity</i>	1 11:00 <i>Staff Meeting</i> 4:00 <i>Gay vs. God</i>	2 6:30 <i>Chaplain Meeting</i> 8:00 Prayer Time	3	4 9:00 <i>Men's Group Work, Pray, Eat</i>

SMALL GROUP MINISTRY

Please grab a Small Group Ministry brochure from the Welcome and Information Station for details about the following Groups!
Always, you are warmly welcome into any or all offering of Unity in Lynnwood!

Search for God Study Group: Mondays, 7:00 p.m. (Virtual)
Women's Group Springtime Renewal: Saturday, May 7th, 9:00 a.m. (Onsite)
The 3RD Act Luncheon: Last Thursdays, 1:00 p.m. (Onsite)
The Power of Positive Thinking Discussion Group: Sundays, 3:00 p.m. (Virtual)

Social Group Wandering Whidbey: May 21st, 10:00 a.m. (Onsite)
Students of Myrtle Study Group: Last Sundays, 12:30 p.m. (Hybrid)
Men's Group Work, Pray, Eat: June 4th, 9:00 a.m. (Onsite)

SERVICES AND EVENTS

Good Grief! 2nd Thursdays, 1:00 p.m. and 4th Thursdays, 7:00 p.m. (Hybrid) In these 90-minute, confidential gatherings, discuss the many faces of grief and explore processes for moving through and allowing healing. Consider securing your copy of *Loving and Living Your Way through Grief* as a guide. Please register.

Informal Town Hall: Sunday, May 15th; 12:30 p.m. (Onsite) UIL's Board of Trustees invites all interested members and attendees to this second informal town hall meeting.

Adopt a Street Program: Saturday, May 28th; 10:00 a.m. (Onsite) Please join a limited number of souls as UIL fulfills its Adopt-a-Street commitments and supports its local community through the clean-up of Alderwood Mall Parkway! Please register.

Mother's Day Reception: Sunday, May 8th. Following the 11:00 service, Youth and Family Ministries invites all to enjoy a delicious nosh in honor of all mothers!

SAVE THE DATES

God vs. Gay (A Book Study): Wednesdays, June 1 - July 6; 4:00 p.m. (Virtual) Join us in studying the book by the same title by Jay Michaelson. The myth that the Bible condemns non-hetero individuals stands behind some of the most painful and destructive dynamics of today's world. Join us during this month of PRIDE in emancipating ourselves as we de-weaponize this collection of writings. Please register.

Fundraising Concert: Friday, July 1, 6:00 p.m. Join Matthew, Dr. Richard and special guests for a fun, Independence Day weekend extravaganza! Details will be forthcoming.

DIRECTORY

If you would like to participate in a printed congregational directory*, please let us know by sending a current image (a high-resolution, color headshot), telephone number and email address to Administration@UnityinLynnwood.org. Additional information will be requested.

*Please note that UIL cannot control, restrict or limit distribution of the directory. By responding as directed above, participant consents to the inclusion of his/her/their image and personal information in a public directory and assumes full responsibility for any uses by any parties at any time.

AMAZON SMILE

AmazonSmile is a simple way to support your favorite charitable organization at no cost to you. Please select Unity Church for Today (Unity in Lynnwood's legal name) when shopping Amazon with our thanks!

VOLUNTEER MINISTRY

I would like to thank the current volunteers for your dedication and loving spirit! If you would like to serve this community, you can do so as infrequently as an hour or two during a one-day event, or as frequently as once a week for as long as six months! Current opportunities include Welcome Ambassadors, Gift Shop Ambassadors, Social Media Ambassadors and Camera Operators. Please write me for the job descriptions, requirements and skills. We would love to meet you!

Michelle Van Eyck, Volunteer Coordinator

DID YOU KNOW?

UIL'S METAPHYSICAL LENDING LIBRARY in the Administration Office is available during business hours.

UIL'S BUSINESS HOURS are Tuesday—Friday, 8:00 a.m.—4:00 p.m. We are happy to schedule an appointment! Just ring or write.

WRITTEN TRANSCRIPTS of Dr. Richard's lessons are available by request. Write Administration@UnityinLynnwood.org.

TO GET CONNECTED, grab a *Membership at UIL*, *Volunteer Ministry*, or *Small Group Ministry* brochure from the Welcome and Information Station, or a *Finding Yourself at UIL* booklet from Friendship Hall! All are welcome.

TECHNOLOGY SUPPORT is available to you! Just ask. We realize our techno-world requires much and we're here to help!