

# PRAYER

## Ministries

### Practical Spirituality. Welcoming Community.

WE offer a metaphysical teaching which encourages regular spiritual practice including prayer, meditation, affirmation, denial, service and study.

WE seek to discover and share spiritual practices which are repeatable and reliable and to infuse these spiritual practices into every area of our daily living.

WE teach the unity of all life, transcendent of culture, era or religion or lack thereof.

WE believe each person is an individualized expression of Divinity Itself and we accept each person as such, without condition, question or exception. As a matter of principle, we love BOLDLY.

WE actively seek and enthusiastically include truths from all great spiritual traditions.

WE welcome people from all spiritual traditions or from no spiritual tradition whatsoever into every activity of our community.

Unity in Lynnwood  
16727 Alderwood Mall Parkway  
Lynnwood, WA 98037  
Office: 425-741-7172  
Prayer: 425-742-7610

[www.UnityinLynnwood.org](http://www.UnityinLynnwood.org)

Confidential Prayer Line: (425) 742-7610  
Silent Unity Prayer Line: 1 (800) 669-7729  
[www.UnityinLynnwood.org/Prayer](http://www.UnityinLynnwood.org/Prayer)  
[www.UnityinLynnwood.org](http://www.UnityinLynnwood.org)

Please download the UnityinLynnwood app.  
All offerings of UIL are as close as your telephone!





## PRAYER

Unity in Lynnwood's PRAYER MINISTRIES is a volunteer group of dedicated, trained members of Unity in Lynnwood. The teams pray from the consciousness that there is **ONE POWER** and **ONE PRESENCE** in the universe, existing everywhere and expressed within everyone.

All prayers are held in the strictest confidence.

### Highwatch Prayer Team

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UIL's longest-serving Prayer Team prays silently for members of our spiritual community, our spiritual community as a whole, Wee Care Academy and other Unity churches.

### Pastoral Care Team

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UIL's Pastoral Care Team provides a comforting presence including visitations to hospitals, assisted living facilities, nursing homes, care facilities, hospice facilities, rehabilitation facilities, and personal homes.

### Prayer Chaplains

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Prayer Chaplains are — among others — leadership's hands and feet as they develop relationships and walk with congregants through their life's passages. Prayer Chaplains pray with individuals after Sunday Services, call and pray with members each month, pray with those leaving prayer requests, pray with prayer requests, monitor the confidential prayer line, lead silent meditation; and participate in special services.

Please join UIL's Prayer Chaplains throughout the year for **SPECIAL SERVICES** to include special music, meditation, silence and, oh, so much more!

*All things are possible!*